



A BASKETFUL OF LOVE

THEME 8

THE STARTER

EDITION

Extended Digital Companion —
Workbook Edition

A Basketful of Love — Light with Intention

WELCOME



Welcome to Theme 8: The Starter Edition

This workbook is designed for beginnings, helping you take your first steps with clarity, confidence, and intention.

Whether this is your first time creating a gift basket or your first time trying something new, this edition gently guides you forward.

Use these pages to start simply and build with care.

SETTING YOUR INTENTION



What are you starting right now?

What do you hope this new beginning brings?

My intention for this Starter Edition is:

YOUR BASKET VISION



What feeling should this Starter Edition create?
(Check or circle any that apply)

- ☐ Confidence
- ☐ Simplicity
- ☐ Encouragement
- ☐ Clarity
- ☐ Calm
- ☐ Excitement
- ☐ Support
- ☐ Joy

Other: _____

GIFT ITEMS BRAINSTORM



What simple, meaningful items would support this fresh start?

Think about starter essentials, easy comforts,
Introductory tools, gentle inspiration

List your ideas below:

COLOR & THEME FEELING BOARD



Choose the tone for this Starter Edition:

- ☐ **Soft & Simple**
(neutrals, light pastels, clean tones)
- ☐ **Fresh & Bright**
(uplifting colors, airy feel)
- ☐ **Calm & Grounded**
(warm neutrals, natural accents)

My chosen palette or style:



MESSAGE / AFFIRMATION CREATOR



Write 2–3 supportive messages or affirmations for this new beginning:

1.

2.

3.

*Optional:
Rewrite one as a short encouragement
for a tag or note.*

PERSONAL REFLECTION



What feels exciting about starting?

What feels a little uncertain, and how can you be gentle with yourself?

GRATITUDE MOMENT



Write three things you're grateful for as you begin:

1.

2.

3.

WRAP-UP PAGE



Your Starter Edition Takeaway Message:

What does starting with intention mean to you?

Date Completed: